

Tuesday, March 12 Tentative Timeline

Students do not have to attend school. Team warm-ups may be worn.

8:30 a.m.: Swimmers depart from the high school. Two vehicles will transport swimmers. We may stop during the trip to pick-up a small snacks and drinks (TBD – decision up to swimmers)

10:00 a.m.: Arrive in Lewisburg.

10:30 – 11:30 a.m.: Visit Bucknell University bookstore (flexible)

11:30 – 1:00 p.m.: Lunch at Country Cupboard Restaurant (flexible)

1:15 p.m.: Arrive at team hotel/ check-in

BEST WESTERN PLUS Country Cupboard Inn 7701 Westbranch Hwy Lewisburg, PA 17837 570-524-5500 (main desk)

Eight rooms have been reserved for athletes and coaches. The hotel is approximately 3 miles from campus. *Complimentary full breakfast: Make your own waffles, sausage links, scrambled eggs, hot oatmeal, sticky buns, choice of breads, fruit, yogurt, juice, coffee, hot tea. Athletes may want to grab a piece of fruit or a bagel for the time between meals.*

1:30 – 2:45 p.m.: Rest

2:45 p.m.: Depart for Sojka Pavilion

3:15 – 4:00 p.m..: AA Registration – Sojka Pavilion (Dist. 3, 4, 6 & 9)

4:00 p.m. – 4:45 p.m.: AA swimming practice (Dist. 3, 4, 6 & 9)

5:00 p.m.: Depart from Kinney Natatorium for team hotel

5:00 – 6:00 p.m.: Rest

6:15 – 7:45 p.m.: Dinner - Parents are welcome to join the team.

7:45 – 10:00 p.m.: Open

10:00 p.m.: In Bed/quiet activity



Wednesday, March 13 Tentative Competition Day Timeline

See the official <u>Championship Week Schedule</u> on the PIAA web site and linked to our team page. Session 1 (first session for AA competition) includes only the girls (7:00-9:40 a.m.) and the boys follow in session 2 (9:50-12:30 p.m.)

- 5:40 a.m.: Wake-up
- 5:55 a.m.: Breakfast at the hotel
- 6:20 a.m.: Girls Depart for Kinney Natatorium
- 6:45 a.m.: Admit AA Girls swimmers/coaches to pool area
- 7:00 8:00 a.m.: AA Girls' swimming warm-ups (Events 1,2,3,4,6 and 9)
- 8:00 9:40 a.m.: AA Girls' Prelims (Events 1,2,3,4,6 and 9) Event Timeline
- 9:45 11:?? Girls will have open time until lunch. Activity TBD
- 9:10 a.m.: Boys Depart for Kinney Natatorium
- 9:35 a.m.: Admit AA Boys swimmers/coaches to pool area

9:50 - 10: 50 a.m.: AA Boys' swimming warm-ups (Events 1,2,3,4,6 and 9)

10:50 – 12:30 p.m.: AA Boys' Prelims (Events 1,2,3,4,6 and 9) Event Timeline

12:45 a.m. – 1:30 p.m.: team members will have lunch at <u>Bostwick Marketplace</u> (across from Sojka Pavilion/Kinney Natatorium) - All-you-care-to-eat continuous dining inside the Elaine Langone Center. Hours of operation during the PIAA Championship Meet are 9:00–10:30 a.m. and 11:00-3:00 p.m. Athlete meals will be paid for by McD Swimming account.

- 1:30 p.m.: Depart for team hotel.
- 1:30 3:30 p.m.: Time at hotel/REST (flexible)
- 3:30 p.m.: Girls depart for Kinney Natatorium
- 3:45 p.m. Admit AA Girls' swimmers/coaches to pool area

4:00 p.m. - 4:30 p.m.: AA Girls' swimming warm-ups (Events 1,2,3,4,6 and 9)

4:45 p.m.: Boys depart for Kinney Natatorium

4:35 - 6:10 p.m. - AA Girls' Consolations and Finals (Events 1,2,3,4,6 and 9) Event Timeline



Wednesday itinerary continued:

- 6:15 p.m. Admit AA Boys swimmers/coaches to pool area
- 6:30 p.m. 7:00 p.m.: AA Boys' swimming warm-ups (Events 1,2,3,4,6 and 9)
- 7:05 8:40 p.m. AA Boys' Consolations and Finals (Events 1,2,3,4,6 and 9) Event Timeline
- 8:45 p.m.: Dinner options TBD for team members.
- 9:15 p.m.: All team members at the hotel. In Bed/quiet activity



Thursday, March 14 Tentative Competition Day Timeline

See the official Championship Week Schedule on the PIAA web site and linked to our team page

7:45 a.m.: Wake-up

8:00 a.m.: Breakfast at the hotel (organize rooms and prepare to transfer bags to #? rooms prior to leaving)

9:10 a.m.: Girls and Boys depart for Kinney Natatorium

9:35 a.m.: Admit AA Boys swimmers/coaches to pool area

9:50 - 10:50 a.m.: AA Boys' swimming warm-ups (Events 7,8,10,11 and 12)

10:50 – 12:30 p.m.: AA Boys' Prelims (Events 7,8,10,11 and 12) Event Timeline

12:40 p.m. - ?? p.m.: Lunch at <u>Country Cupboard Restaurant</u> adjacent to hotel or team or <u>Bostwick</u> <u>Marketplace</u> across from Sojka Pavilion/Kinney Natatorium (flexible)

2:00 p.m. - ??: Swimmers relax in late check-out room or team hotel lounge (or on ground floor lounge of Elaine Langone Center)

7:30 p.m.: Depart for Kinney Natatorium (or walk k to Kinney Natatorium from Elaine Langone Center)

8:00 p.m.: Admit AA Boys' swimmers/coaches to pool area

8:15 – 8:45 p.m.: AA Boys' swimming warm-ups (Events 7,8,10,11 and 12)

8:50 p.m. – 10:30 p.m.: AA Boys' Consolations and Finals (Events 7,8,10,11 and 12) Event Timeline AA Boys' Team Awards

11:00 p.m. Depart for Bishop McDevitt High School