

2018 MID PENN PLUNGE WARM-UP TIMES

LANE	7:30 – 8:00	8:00 – 8:30	8:30 – 9:00	9:00 – 9:30	9:30 – 9:45
1	Carlisle & Trinity	Susquehanna Township & Susquenita	East Penn & Milton Hershey	Biglerville, Delone Catholic, Littlestown, & State College	<i>SPRINTS – ALL TEAMS</i>
2	Bishop McDevitt	Central Dauphin	James Buchanan	Northern	
3	CV		Big Spring		
4	Harrisburg Academy	Boiling Springs		Hershey	
5	Shippensburg & Palmyra		Lower Dauphin		
6		CD East & Chambersburg		Halifax & Millersburg	